

WHY IS KUSTI TIED ON THE WAIST

The object of tying the **Kusti** on the waist is that thereby **Khoreh**, personal emanation (aura) is kept attracted to the middle of the body. Besides this, the 12th **Chakhra** or plexus of the **Kehrp**, which is at the navel is connected with Jupiter, under whose influence is the Zoroastrian Faith. The **Kusti** on the waist helps in drawing the holy currents of this planet Jupiter from above to the plexus at the navel. When a devotee observes the laws of Kusti, these currents are conveyed to the 10th plexus of the **Kehrp**, which rules over the heart, near which resides the soul during a person's life on earth. The above holy currents of Jupiter are helpful in bringing about the counterpoise between the good and evil desire-forces (**Tewishi**). The 11th plexus of the **Kherp** located between the heart and the navel is related to the centre of source of desire-forces - both good and evil. In worldly people there is incessant conflict at this 11th plexus between good and evil. When these conflicting desire-forces are brought at counter poise, the selfish propensity turns into philanthropic.

Another reason why **Kusti** is enjoined to be tied on the waist is to prevent the evil currents of the 13th plexus, connected with the private organs, from rushing and over powering the higher plexuses of Nos. 12 (on navel), 10 (on heart), 4 (higher up on the forehead between the two eyebrows), and 1 (on the crown of the head), so that the inferior currents from the lower plexuses may pass direct to the ground.

Kusti performs the function of drawing magnetic circuit round the body. By keeping the **Kusti** on the waist like a belt, we are bound to serve as soldiers in the spiritual army of the Creator, fighting against the Satanic forces.

The very object of the joint investiture of **Sudreh-Kusti** is to confine in the 'net' (**Sudreh**), the evil currents of waste-matter incessantly emanating from the physical body at every thought, word and deed in life, and to transmute the same into purity through the holy magnetic circuit of the **Kusti**.

(From P. N. Tavariva's "A Manual of Khshnoom".)

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